



## Help Your Employees Achieve and Maintain their Health Goals with a Breakthrough Weight Loss Program that Works

Relish members experience over 10% weight loss within six months (twice the industry standard)

Approximately 37% of U.S. workers are overweight and 34% are obese. The problem is about a 1/3 of this population are frustrated yo-yo dieters and can't seem to find a solution that sticks. That's where Relish comes in.

The Relish **VirtualClinic** offers a breakthrough new **medical program** that addresses the root cause. We deliver a holistic approach to weight loss through a **science-backed, clinical protocol to stress management and emotional eating**.

Our virtual clinic provides **medication-assisted** treatment **rooted in mental health and community for sustained weight loss**. Covered by insurance and developed by **Kaiser Permanente physicians** with experience gained from **30,000** obese patient encounters.



Medical Consult + Rx



1:1 Health Coaching

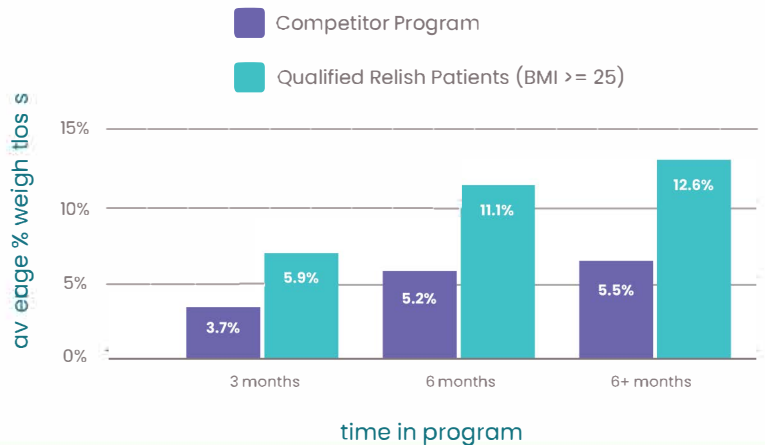


Digital Content + 24/7 Support



Group Sessions + Community

Relish members see **higher % weight loss** by 3 and 6 months than other programs in the industry, and **continue to lose weight** the longer they are in the program.



Ask us about our **INTRODUCTORY TRIAL OFFER**

Contact us at [Info@SimplifiHC.com](mailto:Info@SimplifiHC.com)

## We offer a 6 month money-back guarantee

For a no-risk trial, you can introduce Relish Life to your employees. Here are the reasons why your employees will enjoy success with our unique program:



### A breakthrough alternative to diets and calorie restrictions

We cater to people who have repeatedly tried other diets and weight loss programs and nothing sticks. This is a huge unaddressed market.



### Designed for busy lifestyles

Our 100% virtual model suits all schedules through on-demand programming & mental health therapy, our AI smart chat bot and specialized health coaches.



### Modern, safe, FDA-approved medication delivered discretely

We offer the convenience of having weight loss medications delivered to the home, giving members that extra boost of support to curb cravings and the stress response to food.



### Inclusive programming & community

We understand the cultural and life experience differences that contribute to each person's relationship with food and their weight. Our nurturing community provides support members love that makes the journey lighter and less isolating.

## What Relish members are saying...



What I love most about Relish, is that **the weight loss has almost been effortless**. I feel better on the inside and the outside. The program has been very healing and nurturing.

- Cheryl



Relish **changed my relationship with food**. A lot of my triggers were identified. After 12 weeks, I **didn't want to stop. I wanted to keep going!**

- Robyn (after 4 months)



For the first time in **15 plus years**, my weight starts with a **"1"!!!**

- Wendy  
(after 6 months)



I'm **down almost 10 pounds** since I started and I **feel confident** that the rest of the weight will continue to come off. Losing weight can be frustrating and lonely, but I feel really well supported and grateful for Relish!

- Jessica (after 2 months)



To learn more about offering Relish Life at the workplace:  
Contact us at [Info@SimplifiHC.com](mailto:Info@SimplifiHC.com) or visit [SimplifiHC.com](http://SimplifiHC.com)